



Luke 12:22–26

[22] And he said to his disciples, “Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on. [23] For life is more than food, and the body more than clothing. [24] Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds! [25] And which of you by being anxious can add a single hour to his span of life? [26] If then you are not able to do as small a thing as that, why are you anxious about the rest? (ESV)

1. Worry reveals us our _____.

[23] For life is more than food, and the body more than clothing.

2. Worry puts your _____ in the wrong place.

[24] Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds!

3. Worry attempts to wrestle _____ from God.

[25] And which of you by being anxious can add a single hour to his span of life? [26] If then you are not able to do as small a thing as that, why are you anxious about the rest?

Winner: MOM-VERSE of the YEAR!

Philippians 4:6–7

[6] do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. [7] And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. (ESV)

DIGGING DEEPER

1. Re-read Luke 12:22-26 & Philippians 4:6-7
2. What stands out to you from those passages?
3. Men and women alike tend to worry. What are you currently worrying about in your life?
4. Does Jesus’ teaching in Luke 12 strike you as “oversimplistic?” Why or why not?
5. In what ways does your worry reveal an idol in your life?
6. How hard is it to put your total trust in God? What is stopping you from doing so?
7. Often we fear a “bad outcome” will be the result of our surrender and trust in God. Does the Bible address this? How so?
8. How is surrendering worry the same as surrendering control?
9. Re-read (and pray) Philippians 4:6-7



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*Thanks for Worshipping with us today!
My prayer is for all moms to be anxious about nothing, but in everything, by prayer and supplication with thanksgiving, let your requests made known to God.*

-Pastor Paul